

# Infection Control Tips

## To minimize the spread of any respiratory virus, including the 2019 Coronavirus:

- Make sure everyone in your household washes their hands with soap and water often. If soap and water are not readily available, use alcohol-based hand sanitizer, if hands are not visibly dirty.
- Avoid touching your face with unwashed hands.
- Use a tissue when you cough or sneeze and throw it in a garbage bin lined with a plastic bag. Wash your hands immediately afterward. If you don't have a tissue, sneeze or cough into your sleeve.
- Stay home if you're sick. If your kids are sick, keep them home from school.
- Clean and disinfect surfaces that are used often and shared by everyone in your home.
- If you plan to travel, always check ahead of time for current travel notices on the Government of Canada website.

For updated information about the 2019 Coronavirus, visit:

[saskatchewan.ca/coronavirus](https://saskatchewan.ca/coronavirus)